

# HOW TO MAKE A DIFFERENCE EVERY DAY

BUDDING  
BOTANIST

KLORANE  
BOTANICAL  
FOUNDATION

Whether it's a local association or new government rules, organised environmental actions are gaining momentum across the world – and so are the impacts. From reintroducing endangered species to decreasing the rate at which our natural environments are disappearing... the progress is noticeable! To further strengthen these global efforts, it's vital we all make small changes to our everyday lives.

## WHEN OUT WALKING...

Take care not to uproot any flowers, crush any mushrooms, or destroy any natural habitats by moving stones, stumps... respect nature and everything that lives in it!

## REDUCE YOUR WASTE

Stop buying over-packaged products, sort, compost and reduce the amount of industrialised products you buy... all our waste needs to be treated, and it never really disappears. It's contributing to the pollution of our planet, which means it's involved in wiping out lots of animal and plant species: let's limit our waste!

## LIMIT YOUR WATER CONSUMPTION

Don't leave the tap running, collect rainwater, and reuse the water from rinsing vegetables. There are also lots of water-saving techniques you can try in your garden. The water cycle is part of the careful balance within our ecosystem, and the planet's water resources are under threat. The lives of animal and plant species depend on this water supply; consuming water responsibly also means you're helping to protect the planet's biodiversity.

## SAVE ENERGY

Reduce the amount of heating and air-conditioning you use, turn off the lights, don't leave computers on standby, switch to energy-saving light bulbs... These days, energy is a depleted resource, and resource depletion degrades natural habits, as well as the species that live in them. It's important to manage your energy consumption in a way that's sustainable and, of course, to try to use renewable energies.

## GET INVOLVED

Contact your local council or local associations to get involved in efforts to promote biodiversity, whether it's planting trees, hedges, or wildflower meadows, restoring forgotten spaces, installing bird nesting boxes (LPO-type refuges)...

## RE-WILD A CORNER OF YOUR GARDEN

Why not leave a section of your garden completely untouched and let nature take over? This will allow plants that are useful for both plant and animal diversity to spring to life.

## BUY LOCAL

Choose organically-farmed seasonal fruits and vegetables to limit transport and the use of phytosanitary treatments. In doing so, you will help promote local agriculture that's adapted to your local environment. Organic food is also better for your health!

## WALK OR CYCLE INSTEAD OF DRIVING

Choose car-sharing or public transport on longer journeys to limit your greenhouse gas emissions.

## PASS THE MESSAGE ON...

... about all the little things we can do to protect biodiversity and convince others to do their bit!